

**March 8, 2026
10:00 AM**

**The Third Sunday
in Lent**

Holy Eucharist



St. Stephen's in-the-Field Episcopal Church

7269 Santa Teresa Boulevard
San Jose, CA 95139
(408) 629-1836
www.ssitf.org

**We the people of Saint Stephen's in-the-Field
seek to know Christ, to share Christ, and to serve Christ,
recognizing his presence in all people,
and reaching out in love to each other and to the world around us.**

The Liturgy of the Word

Proclamation

Here I Am to Worship

Tim Hughes

Verse 1

Light of the world,
You stepped down into darkness,
Opened my eyes, let me see.
Beauty that made this heart adore You,
hope of a life spent with You.

Refrain

So, Here I am to worship, here I am to bow down,
Here I am to say that You're my God...
And You're altogether lovely, altogether worthy,
Altogether wonderful to me.

Verse 2

King of all days, oh so highly exalted,
glorious in heaven above,
Humbly You came to the earth You created...
All for love's sake became poor.

Refrain

So, Here I am to worship, here I am to bow down,
Here I am to say that You're my God...
And You're altogether lovely, altogether worthy,
Altogether wonderful to me.
And I'll never know how much it cost
to see my sin upon that cross,
And I'll never know how much it cost
to see my sin upon that cross.

Refrain

So, Here I am to worship, here I am to bow down,
Here I am to say that You're my God...
And You're altogether lovely, altogether worthy,
Altogether wonderful to me.

The people standing, the Presider says,

Presider Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Presider If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

(1 John 1:8,9)

The Priest says

Let us confess our sins against God and our neighbor.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie: S95, sung a cappella

Cantor or Choir *All* *Cantor or Choir*

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

All *Cantor or Choir* *All*

Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

First Reading

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

All: **Thanks be to God.**

Psalm:

Psalm 95

- 1 **C**ome, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.

- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

Second Reading

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

All: Thanks be to God.

Please stand

Gospel Gradual: Rock of Ages

H 685 v1,2

1 Rock of a - ges, cleft for me, let me hide my - self in thee;
2 Should my tears for ev - er flow, should my zeal no lan - guor know,
3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,
all for sin could not a - tone: thou must save, and thou a - lone;
when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.
in my hand no price I bring, sim - ply to thy cross I cling.
Rock of a - ges, cleft for me, let me hide my - self in thee.

Gospel Reading

John 4:5-42

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

All: Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper

may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Celebrant: The Gospel of the Lord.

All: **Praise to you, Lord Christ.**

Sermon

The Rev. Ken Wratten

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;**

**he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**
**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People: Form VI

Lector: In peace, we pray to you, Lord God.
For all people in their daily life and work;

People: **For our families, friends, and neighbors, and for those who are alone.**

Lector: For this community, the nation, and the world;

People: **For all who work for justice, freedom, and peace.**

Lector: For the just and proper use of your creation;

People: **For the victims of hunger, fear, injustice, and oppression.**

Lector: For all who are in danger, sorrow, or any kind of trouble;

People: **For those who minister to the sick, the friendless, and the needy.**

Lector: For the peace and unity of the Church of God;

People: **For all who proclaim the Gospel, and all who seek the Truth.**

Lector: For Sean our Presiding Bishop, for Lucinda our own Bishop, for all
bishops and other ministers, and for all the holy people of God;

People: **For all who serve God in his Church.**

Lector: For the special needs and concerns of this congregation.
The People may add their own petitions, silently or aloud.

Lector: Hear us, Lord;

People: **For your mercy is great.**

Lector: We thank you, Lord, for all the blessings of this life;
The People may add their own thanksgivings.

Lector: We exalt you, O God our King;

People: **And praise your Name for ever and ever.**

Lector: We pray for all who have died, that they may have a place in your eternal kingdom;

The People may add their own petitions.

Lector: Lord, let your loving-kindness be upon them;

People: **Who put their trust in you.**

Presider: Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord.

People: **Amen.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Exchange peace.

Offertory Sentence

Celebrant: Ascribe to the Lord the honor due his Name; bring offerings and come into his courts. *Psalm 96:8*

Offertory:

Come Thou Fount of Every Blessing

H686

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Doxology (Old 100th):

Praise God, from whom all blessings flow; praise him, all creatures here below;
praise him above, ye heavenly host; praise Father, Son and Holy Ghost. Amen.

The Liturgy of the Eucharist: Prayer A

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus: S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

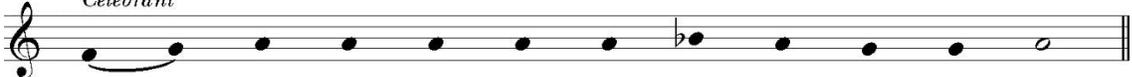
He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you:

This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Celebrant



There - fore we pro - claim the mys - ter - y of faith:

Celebrant and People



Christ has died. Christ is ris - en. Christ will come a - gain.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,

People and Celebrant

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

Celebrant: Christ our Passover is sacrificed for us. (*no Alleluias in Lent...*)

People: **Therefore let us keep the feast.**

Celebrant: The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

Communion Music: *More Precious Than Silver*

YSB 39

MORE PRECIOUS THAN SILVER

By Lynn Deshazo

D A G D
LORD, YOU ARE MORE PRECIOUS THAN SILVER.
D A G A
LORD, YOU ARE MORE COSTLY THAN GOLD.
D A G D
LORD, YOU ARE MORE BEAUTIFUL THAN DIAMONDS,
G Bm A A7 D
AND NOTHING I DESIRE COMPARES WITH YOU.

D A G D
LORD, YOUR LOVE IS DEEPER THAN THE OCEAN,
D A G A
LORD, YOUR LOVE IS WIDER THAN THE SEA.
D A G D
LORD, YOUR LOVE ENCOMPASSES THE NATIONS.
G Bm A A7 D
THERE'S NOTHING I WANT MORE INSIDE OF ME.
© 1972 Integrity's Hosanna Music

Post Communion Prayer

Please stand

Celebrant: Let us pray.

Celebrant and People

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries**

that we are living members of the Body of your Son,
and heirs of your eternal kingdom.

And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

Announcements

Birthday and Anniversary Blessings

Birthday Blessing: Watch over your birthday *children*, O Lord; as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may your peace which passes understanding abide all the days of *their* lives; through Jesus Christ our Lord. **Amen.**

Anniversary Blessing: O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord. **Amen.**

The Blessing

Mission Song: Guide Me O Thou Great Jehovah

H690

1 Guide me, O thou great Je - ho - vah, pil - grim through this
2 O - pen now the crys - tal foun-tain, whence the heal - ing
3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
stream doth flow; let the fire and cloud - y pil - lar
fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
lead me all my jour - ney through; strong de - liv - erer,
land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
strong de - liv - erer, be thou still my strength and
songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
shield, be thou still my strength and shield.
thee, I will ev - er give to thee.

The Dismissal

Celebrant: Let us bless the Lord.

People: **Thanks be to God.**

Mark your calendar

- Wednesday Book Group at St. John's, 10:00 am
- Today, March 8th –
11:30 Lenten Potluck and Bible Study: *The Final Days*
- Sunday, March 15th – Holy Eucharist 10:00 am, Fr. Ken presiding
11:30 Lenten Potluck and Bible Study: *The Final Days*
- Sunday, March 22nd – Holy Eucharist 10:00 am, Fr. Ken presiding
11:30 Lenten Potluck and Bible Study: *The Final Days*
- Sunday, March 29th – New Creation Church (Palm Sunday)
- Sunday, April 5th – Holy Eucharist 10:00 am, Fr. Ken presiding (Easter)

Vestry Members

Janet Thorsrud, *Senior Warden* • Anthony Francis • Andy Lief, *Treasurer/Finance*

